

# Jesus

# CENTRAL

## Action Points: First things first

Ps Jon Cathie - 19/1/2025

Key thought: Let's start the year by having our priorities in focus. This means considering first and foremost our ongoing relationship with Jesus – Loving the Lord with all our heart, soul, mind and strength.

### 1. Read and study the Word of God.

Grab hold of a One Year Bible (available on-line or through Koorong) and determine to read through the Bible in the year. (If you feel this is too much for you, commit to reading the New Testament section and Proverbs each day for the year).

There are numerous reading plans available online. You may want to use one of these instead. Ps. Jon has also devised a 6 day a week Bible reading plan you can ask him for. Just mark off each day's readings as you complete them.

The key is to not give up. Should you miss a day, leave it be and start afresh. (No guilt trips!)

### 2. Commit to a simple prayer cycle.

The one below is clear and easy to follow. If you start with a couple of minutes on each section, you will start to build prayer muscle that continues to grow. If you find it difficult to commit to each day, start with 3 days a week and build up.

Praise – Thank the Lord for who He is and what He has done.

Waiting – Preparing and focusing your heart to receive from the Holy Spirit.

Confession – seeking personal forgiveness. Realigning yourself to the example of Jesus.

Intercession – praying for the needs of others.

Petition – Asking the Lord for your own needs and desires.

Meditating – Listening to what God has to say to you.

